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| SHAC 2023-2024 APPROVES | Northside ISD will continue to provide opportunities for all students to lead physically active lives. | The District shall provide an environment that fosters safe, enjoyable, and developmentally appropriate physical activities for all students. | The District ensures all facilities and equipment used specifically for physical activity are safe, maintained, and available for all students. | Recommended monthly inspections on facilities, grounds, and equipment at all campuses. | Physical Education Dept., Facilities and Operations Dept., campus administration. |
| | | Objective #2 | Action Steps | Baseline Methods for Measuring Implementation | Resources for Implementation |
| | | The District shall provide opportunities for students to participate in physical activity before, during, and after the school day. | The District disseminates information about a variety of physical activity choices to teachers, coaches, parents, families, and community members. | Data provided by teachers, coaches, and community partners. | Physical Education Dept., Athletics Dept., Learning Tree After School Program, Intramurals, and Community Partners. |

Student Education: SHAC Recommendations for 2024-2025 school year within the NISD Whole Child Framework.

The ASCD Whole Child Framework is based on five tenets that promote long term development and success. SHAC focused on two of the tenets to help with student success in NISD.

| | Goal | Objective #1 | Action Steps | Baseline Methods for Measuring Implementation | Resources for Implementation |
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| | To help promote long term development and success of students in the classroom. | Each student enters school healthy and learns about and practices a healthy lifestyle. | Nutrition education, continue curriculum update by partnering with local, non-profit nutrition & food preparation agency to enhance student/staff education, and encourage home applicability. | Campus schedules. | Resources: Training for health education/teacher personnel and collaboration with school administration. |
| | | Objective #2 | Action Steps | Baseline Methods for Measuring Implementation | Resources for Implementation |
| | | Each student learns in an environment that is physically and emotionally safe for students and adults | Continue training for all NISD campus-based employees in Mental Health First Aid certification. | Baseline: Campus schedules. | Resources: Health Education, Health Services, and Counseling, school administration. |

Other School Based Activities: The District is committed to creating an environment that promotes healthy eating, physical activity, and a consistent wellness message through other school-based activities.

Other School Based Activities shall include: Cafeteria areas will be clean, safe, and comfortable, wellness for students, families, and staff will be promoted at suitable District and campus activities, Intramural programs will be offered in grades 6-8, UIL sports programs will be offered in grades 7-12.

| | Goal | Objective #1 | Action Steps | Baseline Methods for Measuring Implementation | Resources for Implementation |
|-------------------------|--|--|--|--|---|
| SHAC 2023-2024 APPROVES | Schools will continue to provide an environment that is conducive to healthful eating and quality physical activity. | Sufficient time will be allowed for students to eat meals in cafeteria facilities that are clean, safe, and comfortable. | Each campus will set a schedule that allows a minimum of 10 minutes to eat breakfast and 20 minutes to eat lunch. This Time will not include the time a student waits in line. | Campus schedules. | Resources: Training for child nutrition personnel and collaboration with school administration. |
| | | Objective #2 | Action Steps | Baseline Methods for Measuring Implementation | Resources for Implementation |



